

Children and Young Peoples (CYP) Mental Health Services

CYP Eating Disorder started treatment in 1 week (Urgent) performance has improved from 66.7% in Quarter 1 to 100% in Quarter 4 2018/19. The patient numbers involved are very small which can have a big impact on percentages. The ambition is to achieve 95% by April 2020.

CYP Eating Disorder started treatment in 4 weeks (Routine) performance has also improved consistently in 2018/19 rising from 77.8% in Quarter 1 to 91.7% in Quarter 4. Again small numbers will impact the percentages. The target is to achieve 95% by April 2020.

CYP increasing access - Overall performance based on national data is predicted to be 17.3% against the 32% target for 2018/19. Based on local provider data the projection is approx. 25% for the full year 2018/19. Significant work has been undertaken by providers to improve data quality and data flows to MHSDS which should be reflected in quarter 1 performance.

The CYP increasing access target rises from 32% to 34% from April 2019.

CYP ED - Ambition = 95% by April 2020	CYP ED started treatment in 1 week (Urgent) - Ambition = 95% by Apr-20				CYP ED started treatment in 4 weeks (Routine) - Ambition = 95% by Apr-20			
	Q1 18/19	Q2 18/19	Q3 18/19	Q4 18/19	Q1 18/19	Q2 18/19	Q3 18/19	Q4 18/19
Nottinghamshire	66.7%	0.0%	50.0%	100.0%	77.8%	66.7%	81.3%	91.7%
Mansfield and Ashfield CCG					100.0%	50.0%	50.0%	100.0%
Newark and Sherwood CCG			0.0%		50.0%		50.0%	100.0%
Nottingham City CCG	100.0%	0.0%		100.0%	100.0%		100.0%	100.0%
Nottingham North and East CCG	100.0%		100.0%			66.7%	100.0%	66.7%
Nottingham West CCG				100.0%	100.0%	50.0%		100.0%
Rushcliffe CCG	0.0%				66.7%	100.0%	100.0%	100.0%
Nottinghamshire patients	<5	<5	<5	<5	9	9	16	12

Figures above reflect performance at the end of each individual quarter. Source: NHS England data.

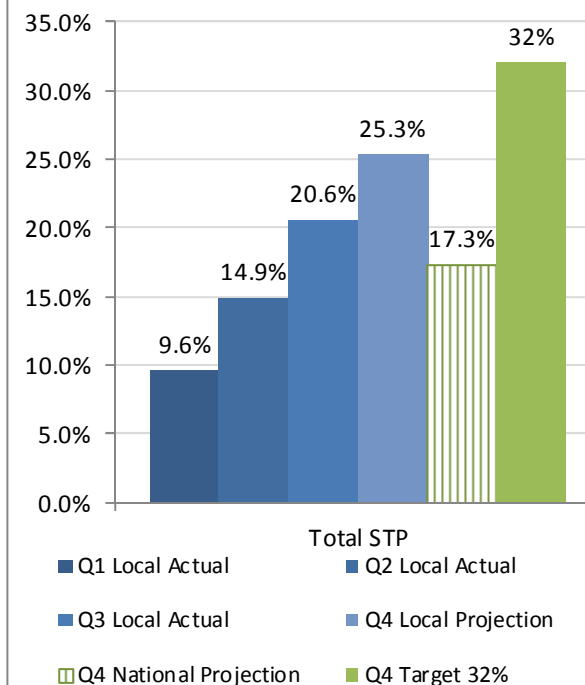
CYP Increasing Access (18/19 Full Year Target 32%)	Local Data				Q4 National Projection	Q4 Target 32%
	Q1 Local Actual	Q2 Local Actual	Q3 Local Actual	Q4 Local Projection		
Nottingham North and East	8.5%	12.9%	17.9%	21.8%	18.7%	32%
Nottingham West	7.7%	11.8%	16.1%	20.2%	16.6%	32%
Rushcliffe	11.2%	16.6%	21.6%	24.6%	24.5%	32%
Mansfield and Ashfield	8.6%	12.1%	16.4%	20.2%	19.0%	32%
Newark and Sherwood	11.1%	16.4%	21.4%	26.3%	25.0%	32%
Nottingham City	10.4%	17.4%	25.0%	30.9%	11.6%	32%
Total STP	9.6%	14.9%	20.6%	25.3%	17.3%	32%

Source: Local provider data has been used as work continues between Commissioners & Providers to increase both the number of Providers able to submit data to MHSDS and also the quality of data submitted.

Local providers included are NHFT, Nottingham City Council, Base 51, CityCare BEH. Kooth Q3 only.

National projection taken from NHSE data, based on MHSDS Data to February 2019.

2018/19 YTD Quarterly Performance (Q3 Local Data)



EIP

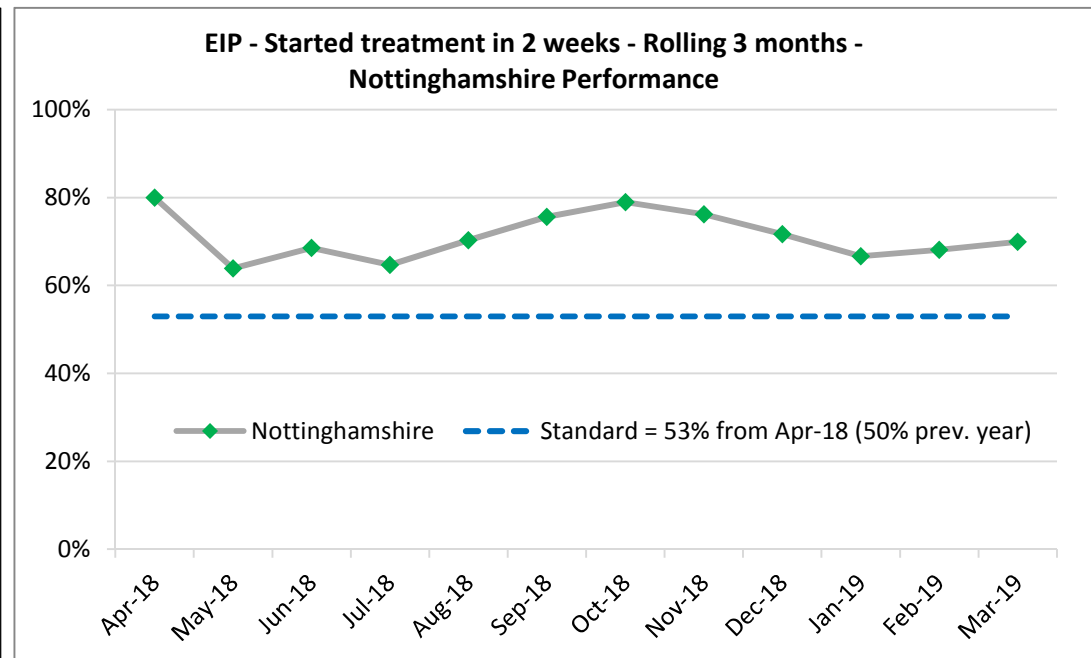
EIP - Started treatment in 2 weeks Rolling three months - Target = 53%												
	Apr-18	May-18	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18	Nov-18	Dec-18	Jan-19	Feb-19	Mar-19
Nottinghamshire	80.0%	63.9%	68.6%	64.7%	70.3%	75.6%	78.9%	76.2%	71.6%	66.7%	68.1%	69.9%
Mansfield and Ashfield CCG	100.0%	100.0%	100.0%	100.0%	80.0%	80.0%	80.0%	88.2%	78.9%	71.4%	62.5%	79.3%
Newark and Sherwood CCG	100.0%	100.0%	100.0%							100.0%	100.0%	100.0%
Nottingham City CCG	92.3%	82.4%	83.3%	71.4%	68.4%	71.4%	71.0%	65.5%	61.3%	64.0%	73.0%	76.9%
Nottingham North & East CCG	80.0%	50.0%	0.0%	0.0%	66.7%	100.0%	100.0%	83.3%	85.7%	80.0%	100.0%	25.0%
Nottingham West CCG	40.0%	57.1%	100.0%	75.0%	75.0%	60.0%	80.0%	60.0%	71.4%	50.0%	50.0%	50.0%
Rushcliffe CCG	0.0%	16.7%	28.6%	50.0%	66.7%	85.7%	100.0%	100.0%	100.0%	100.0%	50.0%	38.5%

Overall Nottinghamshire the percentage of patients starting treatment within 2 weeks has been consistently well above the 53% target for every month in 2018/19 YTD (63.9%-80% range).

Nottingham City, Mansfield & Ashfield have all achieved the target each month. There was an issue with cases of EIP in Newark and Sherwood CCG not having been reported, however for the months that performance has been reported the target has been achieved.

Nottingham North & East and Nottingham West performance is lower in recent months - these percentages appear low in part due to the small numbers of patients involved, however the provider is providing exception reports which outlines information on all breaches and enables actions to be agreed

The percentage to start treatment within 2 weeks rises to 56% from April 2019.



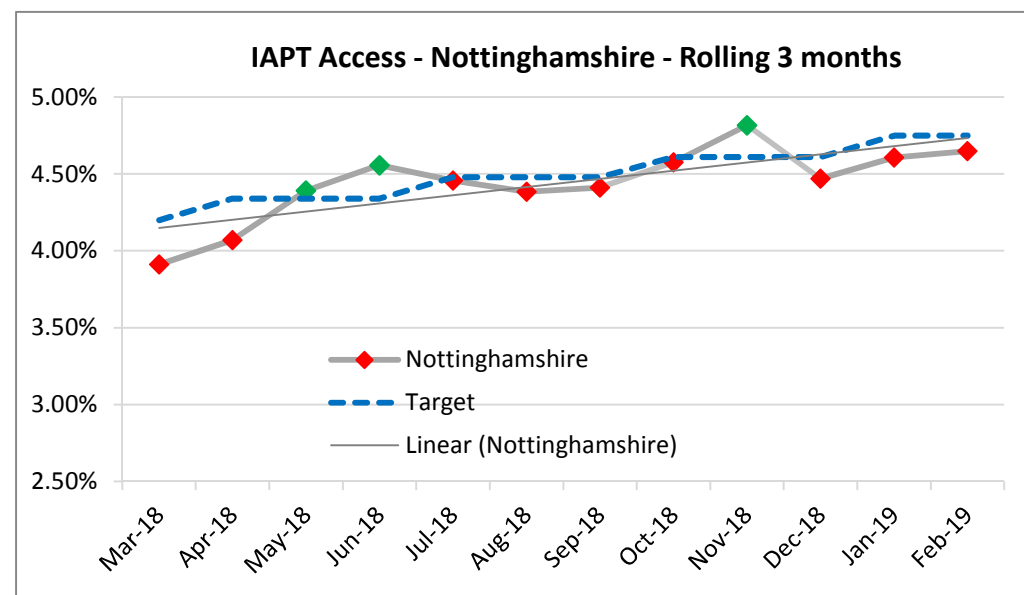
Improving Access to Psychological Therapies

IAPT Access - Rolling 3 Months											
NHS Digital Data*											
	Apr-18	May-18	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18	Nov-18	Dec-18	Jan-19	Feb-19
Nottinghamshire	4.07%	4.39%	4.56%	4.46%	4.38%	4.41%	4.57%	4.82%	4.47%	4.61%	4.65%
Mansfield & Ashfield CCG	3.44%	3.65%	3.77%	3.77%	3.79%	3.82%	3.91%	3.94%	3.56%	3.94%	4.22%
Newark & Sherwood CCG	4.16%	4.46%	4.54%	4.46%	4.63%	4.84%	5.10%	5.02%	4.46%	4.97%	5.32%
Nottingham City CCG	4.44%	4.67%	4.58%	4.36%	4.14%	4.13%	4.39%	4.89%	4.63%	4.70%	4.53%
Nottingham North & East CCG	3.53%	4.08%	4.50%	4.53%	4.44%	4.37%	4.57%	4.66%	4.34%	4.21%	4.34%
Nottingham West CCG	4.81%	4.91%	5.23%	4.88%	5.03%	5.13%	5.13%	5.13%	4.73%	4.63%	4.63%
Rushcliffe CCG	3.96%	4.63%	5.51%	5.71%	5.56%	5.61%	5.56%	6.05%	5.66%	5.76%	5.71%
Target	4.34%	4.34%	4.34%	4.48%	4.48%	4.48%	4.61%	4.61%	4.61%	4.75%	4.75%

Nottinghamshire access performance overall has improved in 2018/19 from 4.07% in April 2018 to 4.65% in February 2019 (latest available data, March data expected 13 June).

Although the access standard has only been achieved in 3 months the general trend has been upward with rates improving in year for all CCGs except Nottingham West which has seen a small drop.

Access targets rise again in April 2019 and will differ by CCG in Quarter 1 ranging from 4.9% for Nottingham City CCG to 5.3% for Rushcliffe CCG. All CCGs have a target of 5.5% by Q4 19/20.



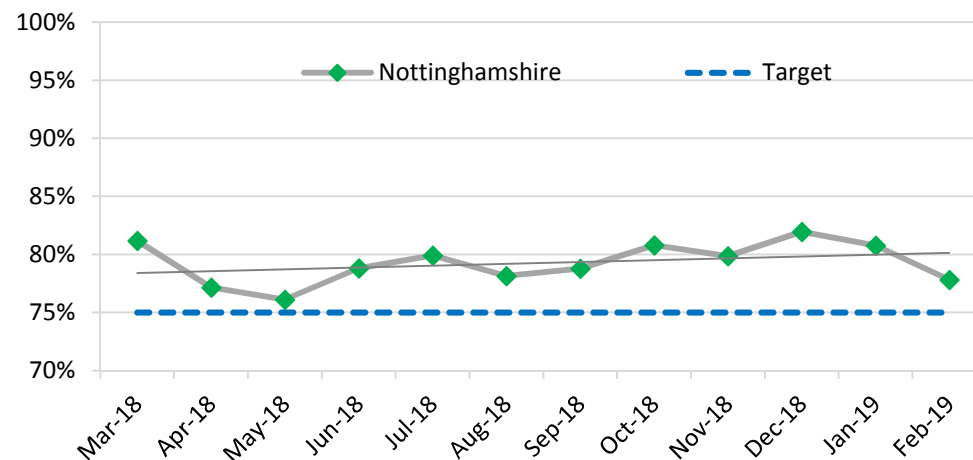
IAPT 6 Week Wait - Monthly											
NHS Digital Data*											
	Apr-18	May-18	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18	Nov-18	Dec-18	Jan-19	Feb-19
Nottinghamshire	77.14%	76.10%	78.81%	79.92%	78.14%	78.79%	80.80%	79.85%	81.94%	80.77%	77.83%
Mansfield & Ashfield CCG	81.08%	79.07%	84.21%	77.27%	78.72%	77.78%	86.05%	81.82%	84.85%	86.84%	84.21%
Newark & Sherwood CCG	85.19%	88.00%	80.00%	88.00%	75.00%	76.00%	80.65%	80.56%	84.00%	77.42%	69.57%
Nottingham City CCG	70.13%	69.32%	75.00%	74.16%	79.52%	76.54%	73.49%	77.42%	77.92%	77.65%	76.92%
Nottingham North & East CCG	77.78%	84.38%	78.57%	84.85%	77.78%	84.62%	83.78%	81.82%	84.00%	82.14%	80.00%
Nottingham West CCG	82.61%	74.19%	80.00%	82.14%	76.00%	80.77%	85.19%	85.19%	77.27%	84.00%	80.00%
Rushcliffe CCG	78.46%	75.00%	83.33%	86.67%	78.13%	82.14%	86.21%	77.50%	88.24%	81.48%	75.00%
Target	75.00%	75.00%	75.00%	75.00%	75.00%	75.00%	75.00%	75.00%	75.00%	75.00%	75.00%

Overall Nottinghamshire 6 week wait performance has been above the 75% target every month in 2018/19 YTD (77-82% range).

In the past 6 months data (September 2018 – February 2019) only on 2 occasions has the 75% target not been achieved by individual CCGs (Nottingham City-October 2018 and Newark & Sherwood- February 2019).

6 week wait target remains the same in 2019/20 at 75%.

IAPT 6 Week Wait - Nottinghamshire

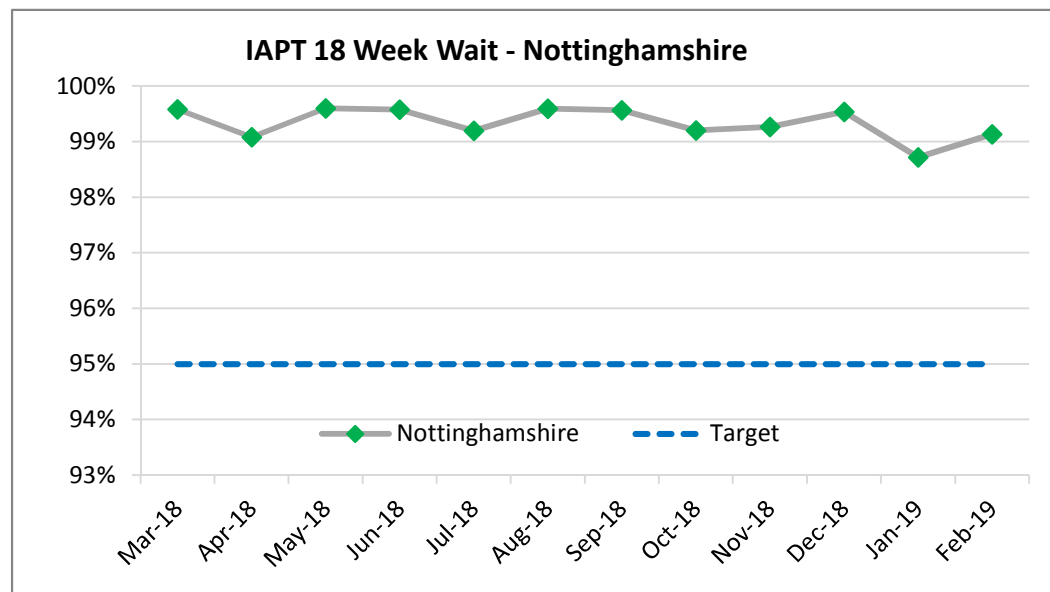


IAPT 18 Week Wait - Monthly											
NHS Digital Data*											
	Apr-18	May-18	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18	Nov-18	Dec-18	Jan-19	Feb-19
Nottinghamshire	99.08%	99.60%	99.58%	99.20%	99.60%	99.57%	99.20%	99.27%	99.54%	98.72%	99.13%
Mansfield & Ashfield CCG	97.30%	100.00%	100.00%	100.00%	100.00%	97.78%	100.00%	100.00%	100.00%	100.00%	100.00%
Newark & Sherwood CCG	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	96.77%	95.65%
Nottingham City CCG	98.70%	98.86%	100.00%	98.88%	100.00%	100.00%	98.80%	97.85%	98.70%	98.82%	98.90%
Nottingham North & East CCG	100.00%	100.00%	96.43%	100.00%	97.22%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%
Nottingham West CCG	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	96.00%	100.00%
Rushcliffe CCG	100.00%	100.00%	100.00%	96.67%	100.00%	100.00%	96.55%	100.00%	100.00%	100.00%	100.00%
Target	95.00%	95.00%	95.00%	95.00%	95.00%	95.00%	95.00%	95.00%	95.00%	95.00%	95.00%

Overall Nottinghamshire 18 week wait performance has been above the 95% target every month in 2018/19 YTD (98-99% range).

Individual CCGs also exceeded the target in all months.

18 week wait target remains the same in 2019/20 at 95%.



IAPT Recovery Rate - Rolling 3 Months

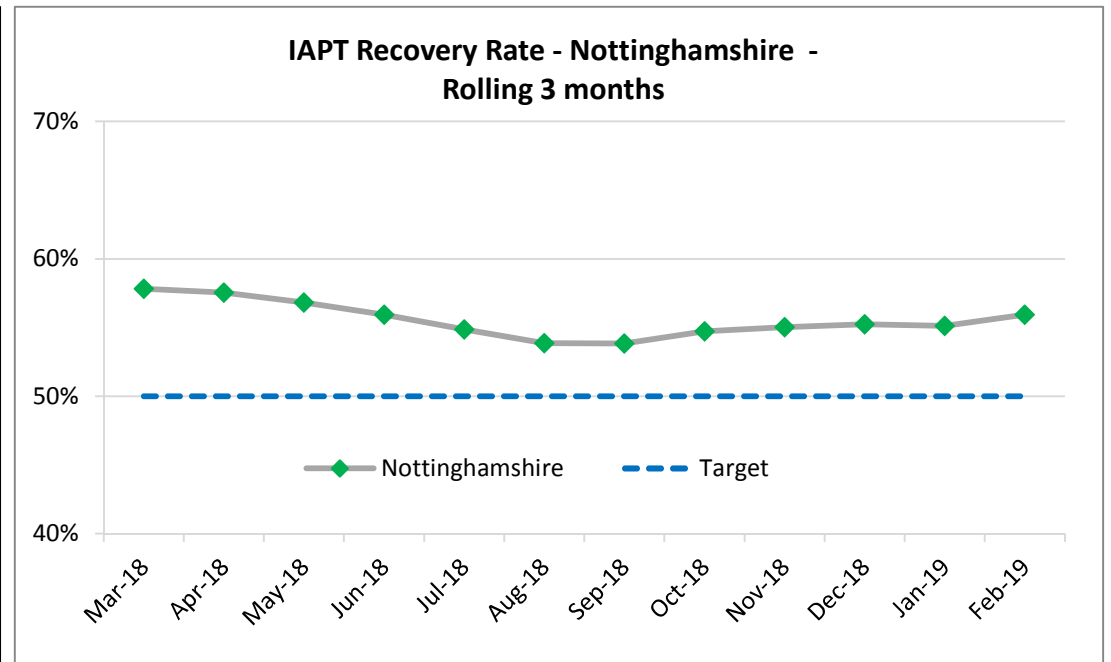
NHS Digital Data*

	Apr-18	May-18	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18	Nov-18	Dec-18	Jan-19	Feb-19
Nottinghamshire	57.53%	56.81%	55.93%	54.86%	53.86%	53.85%	54.71%	55.02%	55.23%	55.11%	55.94%
Mansfield & Ashfield CCG	56.60%	53.45%	53.85%	52.42%	52.76%	52.27%	51.54%	52.71%	53.39%	56.14%	56.48%
Newark & Sherwood CCG	57.50%	59.49%	59.21%	59.46%	56.94%	53.52%	55.84%	56.67%	59.78%	60.00%	61.84%
Nottingham City CCG	51.83%	52.48%	51.98%	51.69%	50.19%	50.81%	51.87%	52.02%	51.44%	50.41%	52.44%
Nottingham North & East CCG	61.73%	59.55%	55.81%	55.43%	53.68%	54.95%	54.74%	54.95%	54.35%	55.95%	59.04%
Nottingham West CCG	61.11%	61.54%	61.84%	59.26%	58.11%	56.76%	60.27%	58.44%	58.11%	52.70%	50.75%
Rushcliffe CCG	68.66%	64.56%	63.16%	59.76%	60.98%	61.63%	61.90%	61.96%	61.22%	62.50%	61.18%
Target	50.00%	50.00%	50.00%	50.00%	50.00%	50.00%	50.00%	50.00%	50.00%	50.00%	50.00%

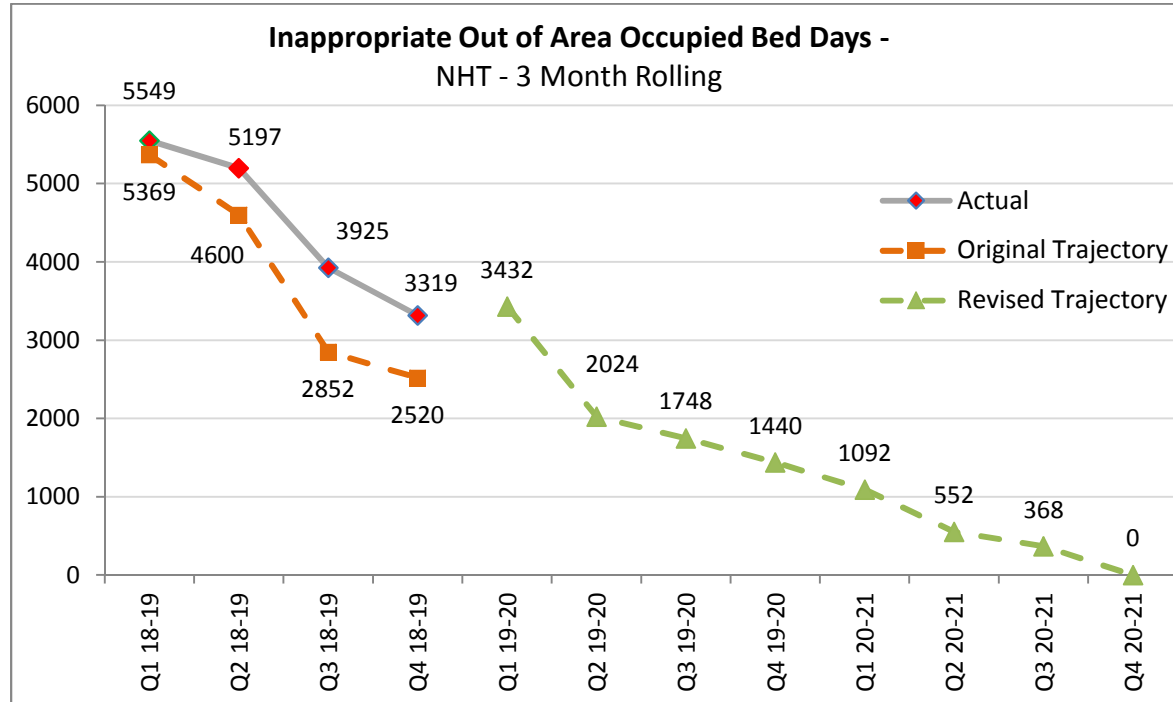
Overall Nottinghamshire recovery has been consistently above the 50% target every month in 2018/19 YTD (53.8% - 56.8% range).

Individual CCGs also exceeded the target in all months.

Recovery rate target remains the same in 2019/20 at 50%.



Out of Area Placements



The number of inappropriate out of area occupied bed days has reduced significantly from Quarter 1 2018/19 (5549) to 3319 by Quarter 4.

This is a reduction of 2230 bed days which equates to a 40.2% drop in year.

The Target is to achieve zero out of area occupied bed days by Q4 2020/21.

OoAP Occupied Bed Day Performance	Period	Actual	Trajectory
Nottinghamshire Healthcare FT	Q4 2018/19	3319	2520

Source: Actual data provided by Nottinghamshire Healthcare Foundation Trust.

Physical health checks for people with a serious mental illness

Total Nottinghamshire - Number of Patients		Q1 2018-19	Q2 2018-19	Q3 2018-19	Q4 2018-19	Q1 2018-19	Q2 2018-19	Q3 2018-19	Q4 2018-19
The number of people on the General Practice SMI registers (on the last day of the reporting period) excluding patients recorded as 'in remission' (Denominator):	at period end	6834	6876	6840	6778				N/A
Of the above, patients who have had (Numerators):									
1. measurement of weight (BMI or BMI + Waist circumference)	in 12 months to period end	3713	3704	3753	3912	54.3%	53.9%	54.9%	57.7%
2. blood pressure and pulse check (diastolic and systolic blood pressure recording + pulse rate)		5156	5128	5188	5345	75.4%	74.6%	75.8%	78.9%
3. blood lipid including cholesterol test (cholesterol		3475	3568	3774	4116	50.8%	51.9%	55.2%	60.7%
4. blood glucose test (blood glucose or HbA1c		3894	3888	3920	4064	57.0%	56.5%	57.3%	60.0%
5. assessment of alcohol consumption		4788	4614	4564	5165	70.1%	67.1%	66.7%	76.2%
6. assessment of smoking status		4868	4826	4914	5246	71.2%	70.2%	71.8%	77.4%
All six physical health checks - note this cannot be greater than the minimum figure reported in 1 to 6		2122	2105	2175	2457	31.1%	30.6%	31.8%	36.2%

Local data collated by Data Management (EHS) Team.

The number of completed Physical Health Checks for people with a Serious Mental Illness remained relatively flat for Quarters 1 to 3 2018/19. Quarter 4 saw an increase to 36.2% for Nottinghamshire overall.

The target for 2019/20 remains at 60% although additional health checks have now been added, which will be recorded and reported, however performance will be based on the original 6 indicators.